

Registered Nurse Skills Checklist

Name: _____

a) My Skills apply to:

Adults: Children & Young People: or Both, as detailed in Comments:

b) Level of Experience (Self Analysis)

c) Checklist

Please put a Y (For Yes) under the appropriate number. Number scale is as follows:

1. Fully familiar with the procedure and can perform independently.
2. Somewhat familiar with this procedure. Would require refresher training/supervision.
3. Understand theory behind procedure but never/rarely/not recently performed task.
4. No contact with equipment or situation. No knowledge of procedure

Checklist overleaf

Administration of Medication	1	2	3	4	Comments
Oral Medication					
Topical Application					
Medications via PEG/J					
Medications via NG/NJ					
Injections					
Administration Rectally					
Administration via Nebulisation					
Administration of drugs via other forms e.g. Eye, Ear, Nasal Drops					

Renal	1	2	3	4	Comments
Insertion of Catheter					
Male					
Female					
Catheter Care					
Suprapubic Catheter					
Nephrostomy Tube					
Bladder Lavage & Irrigation					
Mitroanoff/Veicostomy					

Intravenous Therapy	1	2	3	4	Comments
I.V Rate Calculations					
Administration of drugs by continuous infusion					
Administration of drugs by intermittent infusion					
Administration of drugs by direct Injection					
Infusion Pumps					
Syringe Drivers					
Assessing I.V Sites i.e. cannula or central access					
Venipuncture (taking blood)					

Total Parenteral Nutrition	1	2	3	4	Comments
Knowledge of Solutions					
Dressing Changes					
Care of Central Line					
Safe Administration					
Safe observation of unused line					

Gastrointestinal	1	2	3	4	Comments
Naso-gastric (NG) tube insertion					
Testing correct position of NG					
Use of PH indicator paper					
Feeding via NG					
Care of a patient with:					
PEG					
Mickey Button					
Mini					
Changing Mickey/Mini Button					
Care of a Jejunostomy					
Care of a gastro-jejunal tube					
Knowledge of feeding pumps and equipment used					What pumps are you competent in using:
Care of Colostomy					
Care of Ileostomy					
Administration of Suppositories					
Administration of Enemas					
Care of patient with diabetes;					
Diet					
Insulin					
Blood Sugar Monitoring					

Respiratory	1	2	3	4	Comments
Oxygen Therapy					
Monitoring					
Suctioning:					
Oropharyngeal					
Nasopharyngeal					
Nasopharyngeal Airway					
High Flow					
Non-Invasive Ventilation					What ventilator are you competent in using:
Cough Assist					
Nebulisation					
Tracheostomy Care:					
Changing Dressing & Ties					
Suctioning a Trachy					
Emergency Change of a Trachy					
Routine change of a Trachy					
Trachy BLS					
Single Handed Trachy Change					
Care of a Ventilated Trachy Patient					What ventilator are you competent in using:

Requiring CPAP					
Requiring BI-PAP					
Other Skills and Competencies					

Professional Competencies	1	2	3	4	Comments
Knowledge of NMC Code of Professional Conduct					
Knowledge of NMC guidelines for the administration of medications					
Knowledge of NMC guidelines for records and record keeping					

Neurological	1	2	3	4	Comments
Neurological observation & assessment					
Care of a patient and treatment during & following a seizure					
Care of a patient with:					
A head injury					
Spinal Cord Injury (quadriplegic/paraplegic)					
Following spinal surgery					
Care of a confused/agitated patient					
Care of a patient following a trauma					
Care of a patient with Alzheimers					
Care of a patient with Dementia					
Care of a patient with Multiple Sclerosis					

Wound Care	1	2	3	4	Comments
Changing wound dressing using an aseptic technique					
Aseptic Technique					
Removal of sutures/clips/staples					
Drain Dressings					
Change of vacuum bottles					
Prevention of Pressure Sores					

Safeguarding	1	2	3	4	Comments
Knowledge of Children's Act 2004					
Knowledge of Multi Agency Working					
Knowledge of Every Child Matters					
Knowledge of procedures if you have child protection concerns					
Knowledge of Safeguarding Vulnerable Adults Procedures					
Knowledge of DOH Green Paper (DFES 2003)					
Aware of Lord Laming's Report 2003					
Knowledge of categories of following abuse:					
Physical					
Emotion					
Neglect					
Sexual					
FGM					
Knowledge of the concept "Significant Harm"					

Children with Special Needs	1	2	3	4	Comments
Supporting children with learning disabilities					
Supporting children and families with special needs in the home environment					
Supporting Children with Complex Needs					
Knowledge of non-verbal communication					
Play Therapy					
Languages Spoken					Please List:
Other Skills & Competencies					Please List:

Signed By:

Date: